

introstruction:

these are choreographies for anti-capitalist actions. they are free so you can steal them if you want to and you won't get in trouble. you can scan them and print them out again and give them to someone as a present. you can write more yourself, and call them the same or something different. you can pitch them to your boss or write your name on them and hand them in for a grade. i tried them all out and wrote them just now but they are not mine. all i ask is that you don't capitalize any of the letters, i'm trying to make an un-hierarchical thing here you see. for context, the 1's denote the theory or concept of the circumstance of the actions and the 2's denote the practices for the *anti*-actions. there's some extra space on the pages. you could take notes, or draw, or write some new ones, or shred them up for your garden. last but not least i want you to know that i love you very much whoever you are reading this. i love you in some aspect at least i mean christ i don't even know you so how could love you so i do in theory but i don't think that love is a cure all let's be clear i don't think it's the ultimate answer i think things are more complex than that but as it stands i think it might be a nice additive, a free joy.

*choreographies for anticapitalist actions*

s l o w n e s s

how fast do usually walk down the street? is it as fast as everyone else? everyone else who is walking down the street? do you keep time intentionally with them? as though you are asleep? are you asleep walking down the street? have you ever tried going very very slow? so slow that people from their fast walking position might look around and with their eyes say what are you doing? to which you can reply with your eyes, I am going very very slow? something might happen when you're going slow. something that fast goers might not know. all of the sudden you might get the performance prickles, that happen when in public, you do something out of the ordinary. this however is a powerful function. trust the prickles, trust the heat, miss your meeting and go slow on your feet!

*choreographies for anticapitalist actions*

u n p r o d u c t i v i t y

1. THE PROBLEMS WITH WORKLIVING:

let's say, you wake up when it's dark out go running  
take a shower blend your smoothie brush your teeth  
drink your breakfast on the train go to work sit down  
seal the deal go on Instagram when you're on the  
toilet take your lunch break take her out for a quick  
coffee get back to it the phone meeting phone the  
police when they ask for money go home watch this  
season feed the kids love your wife fall into bed  
computer still open wake up do it again

one thing that i do (in order to negotiate some sense of personal scale), is make smaller my area of vision, so as to enable a deeper understanding, using my senses and focuses. does this matter? well, does anything larger matter? perhaps large and small are of equal value.

2.

what would happen if you didn't do it?

extreme attention

1.

there are lots of things going on right now. very small and very large. no one can know everything that's happening probably.

2.

practices for equalizing senses of scale value:

find a place,

it can be anywhere,

(i find the ground particularly interesting),

get so close to it that it's all you can see,

try to imagine that it's your whole world,

that you live in it actually,

try to imagine that nothing else exists,

when you get bored step back,

has anything changed?

o b s e r v a n c e

2.

find yourself in a public place. shut off your phone, put away your book, tomagachi, food, rubix cube etc. look around.

1.  
 what is going on here? are there families? how are they interacting? are there couples? how are they interacting? are there people by themselves? how are they interacting? who is being avoided? who is holding a position of authority? (potentially corrective, loud/vocal, correcting, informative, transactional, etc.), what is being focused on? what is not being focused on? are there any commonalities? where are people gathered and how close to one another?

2.  
 taking all of this data into account, what could you do to break the pattern?  
 examples: lying on the floor of the train station, sitting in a chair upside down, asking a child for directions, asking someone you don't know to braid your hair, jumping instead of standing, turning instead of walking.

l o i t e r i n g

1.  
 when i walk through the city it strikes me that it isn't designed for living in actually it's designed for living on and around. there are people that live in the city but the city doesn't house them. e.g. they create small

movable homes, between building walls and sidewalks, that could be moved if someone yelled at them to get out. why isn't this city designed for people to live in for free? what would happen if the city was build to be lived in? built to be public? what if there were beds, kitchens, showers and toilets for anyone to use?

2.  
 how to loiter:  
 find a place that wasn't built to be lived in. e.g. sidewalks, dumpsters, windows, parks, retail stores, lobbies, stairs, picnic tables, corners, etc. try to go about your normal processes of indoor living in this place that purposefully wasn't built for it

d e c o m p o s i t i o n

1.  
 i feel like the zero waste rhetoric goes around a lot. plastic, turtles, make your own toothpaste etcetera. the fact is that i'm not sure if it can be avoided really, for example the bulk beans still come from

somewhere, the truck drivers still have to eat while they stay awake at the wheel. what if the focus shifted to decomposition? i could think that good dirt is blameless. depends on circumstance also. pillow cases last longer on beds than underground. how to acknowledge the inevitable deterioration of our human world and subsequent existence? how to curate the circumstances of decay in order to create that sweet waste?

2.

crushing: what do you want to crush? your ex lover? what about banana peels, old leather boots, broken glass flatware instead. particulate matter is sometimes better than something you can't use whole anymore anyway.

preciousness

1.

sometimes i think the problem, is that nothing feels precious anymore. everything keeps going into the trash, down the drain, flush the toilet, etc. sometimes i get into a feeling that everything is very, very, important. it's overwhelming but at least it makes things matter. at least for a little while you see i

can't sustain it for very long. it helps, (when thinking about waste) maybe. i think about where it comes from and where it is going and i conflate them into a great importance. maybe this is missing the point. maybe this is to the point. i am now following the pleasure of finitude. leaves are very reliable in this way. maybe a life span of 6 months if considered separate from the tree. quite small and multiple, even very young trees producing them, by fall they're falling around everywhere and quickly turning into dirt thank goodness.

1.

i consider leaves to be very precious of course but it's in their ability to disappear so quickly. other things, like metal water bottles, i consider precious in their ability to not disappear so quickly. bicycles i consider precious in that they keep riders from spending their money on other things like cars or trains or buses. if i succumb to siptopia summer and have a plastic smoothie cup, i force it into preciousness by using the cup until it breaks.

devaluing

1.

i have been noticing the systems of value in how monetary exchanges are functioning. the thing is that it just doesn't make sense. diamonds, small rocks, cost thousands of dollars whereas organic carrots are about \$2.99 a pound. now i'm certainly not saying that carrots should cost thousands of dollars but i'm just

wondering why certain rocks are worth so much? are they really worth it? especially considering all of the negative ethical aspects of diamond mining the non monetary cost is much higher.

2.

calculate your timemoney. money is mostly invisible and time is real. evaluate the actual bodily value of the things you experience. ex. shelter? high value. good food? high. friendship? high, treat your friends right. ethical easiness? high, fairtrade, thriftstore, do you need as much as you have?

side note: most people don't need gifts on holidays or birthdays. just have a conversation about it or give them something actually valuable like your time.

r e p r o d u c a b i l i t y

1.

i've been grappling with the idea of private property. why are there some places that only some people can get into. that doesn't seem fair, especially because it seems as though it is always related to a monetary hierarchy. why is there private information? wouldn't it be a benefit to humanity if information was more free and more widely distributed? i get it the scientific

community needs funding, people need to make money and get paid for their work etc. but...!

i recently stumbled across a magazine called DAM! (Dyke Action Machine) it is free online and encouraged to be printed out at home and freely distributed. similarly, all of miguel gutierrez's work is free to watch online. what if publicity just meant available to the public.

2.

make beautiful art and give it away for free.

actually make everything that you do and experience in life free and beautiful all the time. be a beauty monger. it's not a finite resource at all. it can be generated outside of monetary constraints and you contain it all already so why not.